



7 Surprising Periodontal Disease Stats & Facts

Everyone Should Know



Nearly half of Americans aged 30 or older have gum disease.

And 64.7 million Americans have the advanced form of gum disease called periodontitis.



Men are diagnosed with gum disease more often than women.

Instances of periodontal disease are much more prevalent in men than in women - 54% vs. 38.4%.



Periodontal disease is the leading cause of tooth loss in adults.

If periodontal disease is left untreated, it can cause tooth loss in people who are in their 30s, 40s, and beyond. Even teenagers and people in their 20s can get the disease.



Pregnant women with gum disease may give birth prematurely.

Studies show that mothers with unhealthy gums are more likely to deliver premature babies, or babies with low birth weight.

35 ↑

If you're over age 35, you could lose more teeth to gum disease than to tooth decay.

Adults aged 35 or older are prone to losing more teeth to periodontal disease than to cavities.



30% of people experience gum disease due to genetics.

These people are also up to 6 times more likely to get periodontitis than those who don't have a genetic link to the condition.



Periodontal disease can lead to serious health complications.

Research has indicated that periodontitis increases the risk of heart disease, stroke, and other serious illnesses.

Sources:

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<https://www.perio.org/newsroom/periodontal-disease-fact-sheet>
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